## Pantoufle's Bistro Lunch Menu

### Nibbles & Sharables

#### Charcuterie

Chef's selection of three cheeses and four cured meats. Served with pickles, fruit jams, nuts, and crackers. Gluten free cracker available upon request. **24.84** 

#### **House Nuts**

Pecans, walnuts, and almonds seasoned with maples syrup and herbs. Contains tree nuts (does not contain peanuts). **6.21** 

#### Buffalo-Wagyu Momo

Three house made Nepalese style dumplings with a tomato achar dipping sauce. (Contains wheat and sesame) **9.26** 

#### Arepas

An open faced cornmeal arepa filled with sweet potato, pickled onion, and magic green sauce. GF/DF/V (Contains pistachio) **7.24** 

# Soup, Salad & Lighter Fare

#### **Croque Monsieur**

A slice of toasted bread topped with a creamy bechamelsauce, black forest ham, Dijon mustard and gruyere-swiss cheese. Comes with your choice of side salad or a cup of soup. (Contains wheat, dairy, and pork) Add egg to make it a Madame for \$2.07 more 14.49

#### Chipotle Chicken Wrap

A soft wheat tortilla filled with shredded cold rotisserie chicken, chipotle mayonnaise, pickled onion, lettuces, cherry tomatoes and cheddar cheese. Comes with your choice of chips, garden salad or a cup of soup. (Contains soy, wheat and dairy. Soy free wrap available upon request) 14.49

#### Soup du Jour

A bowl of our soup of the day. Served with bread. Add a side garden salad for \$4.14. **Bowl 9.31 Cup 5.43** (Ask for allergens)

#### Roasted Chickpea & Hummus Wrap

A soft wheat tortilla filled with a Za'tar spiced roasted chickpea vegetable medley, hummus, cucumbers, mixed greens, roasted red peppers, and tahini sauce. Comes with your choice of chips, garden salad or a cup of soup. (Contains sesame, soy and wheat. Soy free wrap available upon request) (V,DF)

#### Salad du Jour

A salad concocted by our chef using fun ingredients that have showed up in the fridge. Ask your server for details. Add cold rotisserie chicken, smoked salmon or prosciutto at additional charge. (Lettuce know your allergies to ensure our wild card salad is right for you) Full 12.42 half 7.24

#### Bistro Garden Salad

A bed of greens with tomatoes, cucumbers, pickled red onion, and cheese. Choice of dressing- Green Goddess (GF) or Dijon vinaigrette (GF, DF/V). Add cold rotisserie chicken, smoked salmon, or prosciutto for \$4.00 more to make it an entrée. Add grilled salmon fillet for \$9.31. (GF, V) (Contains dairy) Full 12.42 Half 7.24

Allergen Statement\*Please be advised that food prepared here may contain milk, eggs, wheat, soybean, sesame, peanuts, tree nuts, fish and shellfish.

GF= Gluten free GFA= Gluten free option available V=Vegetarian

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**PLEASE ALERT YOUR SERVER OF ANY ALLERGIES**. We handle tree nuts, peanuts, wheat, eggs, dairy, sesame, fish, and shellfish

